



# GREAT LAKES BREASTFEEDING WEBINAR

## June 2023-2024 Webinar Report

### HUMAN MILK AND CANNABIS SERIES: INTERPRETING HALE'S GUIDANCE ON LACTATION AND MARIJUANA, CBD OILS, AND OTHER NON-INHALED MARIJUANA SOURCES

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Available June 20, 2023 through June 18, 2024



### CONTINUING EDUCATION

**1816**  
CERPs

**507**  
Nurse's Contact Hours

**38**  
Social Work CE Hours

**230**  
Community Health Worker CEUs

**26**  
Certified Health Education Specialist CECH

### WHAT PEOPLE ARE SAYING

"I learned that there is a great difference in timing of bioavailability of the THC and CBD based on how it is consumed. I had provided the guidance that human milk concentrations peaked around one hour after consumption. This updated knowledge will allow me to advise on timing based on the method of consumption. I also greatly appreciate the reminder to consider the variations in concentrations in products which helps with reminding parents that they may be consuming more than they intended."

"I came in with no familiarity between marijuana and lactation. I was surprised by the lack of research that is currently available, especially given how prevalent marijuana is now. We need more research in this area! Thank you for this webinar!"

### PARTICIPANTS

