



2024 AUGUST BREASTFEEDING MONTH

August Breastfeeding Month is a time to celebrate and advocate for systemic human milk feeding support. MIBFN's theme for 2024 was "Feeding the Future In Every Drop," an homage to the power of human milk feeding on generations to come in Michigan and beyond.

* MIBFN VIRTUAL 5K

MIBFN hosted a virtual 5K run/walk/move. Participants could participate at any point in August and received an exclusive t-shirt for their participation. Proceeds from this 5K supported the Local Breastfeeding Supporter Meetings.



38
participants

4498
social media post views



Thank you to Priority Health for sponsoring the 5K!



* PROCLAMATIONS



MIBFN worked alongside Local Breastfeeding Supporters on the August 2024 Breastfeeding Month proclamation and supported Sacred Waters Collective on the Indigenous Milk Medicine Week proclamation. Both of these were signed and sealed by Governor Whitmer.

\$3032.16
earned through
August
fundraising

* LOCAL BREASTFEEDING SUPPORTER MEETING

The July Local Breastfeeding Supporter Meeting focused on folks sharing about August Breastfeeding Month events and celebrations around Michigan.



"I AM TRULY INSPIRED BY THE INCREDIBLE POWER OF THESE MEETINGS TO UPLIFT AND MOTIVATE EACH OTHER. WHEN LOCAL BREASTFEEDING SUPPORTERS COME TOGETHER TO SHARE THEIR EXPERIENCES AND INSIGHTS FROM COMMUNITIES ACROSS MICHIGAN, IT CREATES A PROFOUND RIPPLE EFFECT. IT'S A REMINDER OF THE STRENGTH WE DRAW FROM ONE ANOTHER AND THE COLLECTIVE IMPACT WE CAN HAVE ON HUMAN MILK FEEDING."

- Taniah Ingram, CBD