

CELEBRATING AUGUST BREASTFEEDING MONTH AND LACTATION SUPPORTERS' WORK ACROSS MICHIGAN

"WHEN WE PROTECT HUMAN MILK FEEDING PEOPLE, WE PROTECT BABIES TO BE ABLE TO GROW AND THRIVE."

Teleshia Parker, Rootead, Local Breastfeeding Supporter

"BREASTFEEDING AND BIRTH WORK IS HEARTWORK. IT TAKES SPECIAL PEOPLE TO DO THIS WORK. LET'S BE SO PROUD OF OURSELVES."

Lindsey McGahey, IBC, IFSD, BE, Panoramic Doula, Local Breastfeeding Supporter



"We *must nourish ourselves* before we can nourish and support others."

Desiree Cameron, FSD, CLC, Maternal Health Advocate, Birthing Abundantly Maternal Services, Co-Founder of Embrace: Motherhood Collective, Lactation Clinic Community Coordinator, Nature's Playhouse, Local Breastfeeding Supporter

WHAT'S HAPPENING LOCALLY:

MIBFN's Virtual 5K is encouraging folks to move in support of "Feeding the Future in Every Drop" all August long

Day One Doula Collective and Birth Queens and Milk Queens are holding a Community Peer Educator Training during Black Breastfeeding Week

Sacred Waters Collective is facilitating first Indigenous doula training in the UP

Rootead is doing a community doula training partnering with Health Connect One

Milk Like Mine is organizing Black Breastfeeding Week Doula/Baby Reunion

Bay Mills Tribe is implementing 12-week maternity leave for families

Southeast Michigan IBCLCs of Color is offering M/W/F, 12-3pm free lactation support to families at Nature's Playhouse

Milk Like Mine is hosting Annual Breastfeeding in the Park event in Calhoun County

100%

MILK LIKE MINE HAS ATTENDED 130 BIRTHS WITH A 100% BREASTFEEDING INITIATION RATE!

JOIN US



Local breastfeeding supporters are invited to share feedback on what is needed for a state-specific breastfeeding plan at the next meeting, September 19th at 12pm EST. Register at mibreastfeeding.org/local-meetings.

LEARN WITH YOLO



If you want to build your lactation skills to support families, register for YOLO 45-hour Village Breastfeeding Supporter course grounded in cultural humility and competency. Register at yolobreastfeeding.org.

MIBFN

Michigan Breastfeeding Network

THIS REPORT WAS GENERATED FROM DISCUSSION AT THE AUGUST 15, 2024 LOCAL BREASTFEEDING SUPPORTER MEETING. TO LEARN MORE ABOUT THESE MEETINGS, VISIT [MIBREASTFEEDING.ORG/LOCAL-MEETINGS](https://mibreastfeeding.org/local-meetings).