

THIS AUGUST, USE YOUR VOICE!

LEVERAGE YOUR POWER AND PRIVILEGE TO ADVOCATE THROUGHOUT THE MONTH, AND CELEBRATE THE RECLAMATION OF HUMAN MILK FEEDING EACH WEEK

AUGUST THEMES

**United States
Breastfeeding Committee:**
Nourish, Sustain, Thrive

**Michigan
Women, Infants, and Children:**
WIC Supports Superheroes

**Michigan
Breastfeeding Network:**
Feeding the Future in Every Drop

WEEKLY THEMES

World Breastfeeding Week (August 1-7):
Closing the Gap: Breastfeeding Support for All

**Indigenous Milk Medicine Week
(August 8-14):** Mind, Body, Milk Medicine

**Asian American Native Hawaiian Pacific
Islander Breastfeeding Week (August 15-21):**
Forthcoming

Black Breastfeeding Week (August 25-31):
Listen Up! Reclaiming Our Narrative & Centering
Our Stories for Breastfeeding Justice

Latina/x Breastfeeding Week (Sep. 5-11):
Reclaiming Culture through Lactation

LOCAL EVENTS

Many communities are already planning events to advocate and celebrate human milk feeding locally! Visit www.mibreastfeeding.org/August to find local opportunities!

Hosting? Reach out to MIBFN at hello@mibreastfeeding.org if you need support to raise visibility for your event! Here are some that we know of so far.



THANK YOU  **Priority Health**

For sponsoring 31 local breastfeeding supporters to participate in the Virtual 5K free of charge. A custom-designed shirt is included! The MIBFN Virtual 5k takes place throughout August and all proceeds this year will benefit the Local Breastfeeding Supporter Meetings.

