

August



Is National Breastfeeding Month! *2024 Calendar of Events*

The Gratiot County Breastfeeding Coalition is working together to support and normalize breastfeeding in our local community. We invite you to celebrate National Breastfeeding Month with us by attending one of our events.

[Child Advocacy Lunch & Learn: Infant Massage](#)

August 1, 11:30am-1pm at Child Advocacy

Madison Fish from ZENlightenment Wellness Center will be educating caregivers on infant massage. Infant massage may improve digestion, ability to feed effectively, attachment & bonding, and decrease stress & tension. Lunch provided, registration required.

[Breastfeeding Awareness Walk](#)

August 10, 10am-12pm at Wright Park

Join us in celebrating National Breastfeeding Month and help bring awareness to the importance of supporting breastfeeding families! No matter the amount or how long you provided human milk to your baby, your journey is worth celebrating! This event will take place at Wright Park in Alma, and will begin with informational booths, an opportunity to decorate your stroller, and a group walk through downtown (approximately 4 blocks) at 10:30am. Upon returning to the park, we will enjoy breakfast burritos together and distribute door prizes.

[MI Virtual Breastmilk Circle Support Group](#)

August 7 and 21, 12-1pm on Google Meets

Gratiot, Midland, Saginaw and Bay County Breastfeeding Coalitions host a collaborative virtual support group on the 1st & 3rd Wednesdays of every month. Available to any current or expecting parent planning to feed human milk. Join via MI Virtual Breastmilk Circle Google Calendar- link can be found on Facebook at 'MI Virtual Breastmilk Circle', or at gcbreastfeedingcoalition.com

[Gratiot County Breastfeeding Coalition Monthly Meeting](#)

August 28, 4:30 pm on Zoom

The Gratiot County Breastfeeding Coalition meets monthly to share updates about lactation resources, training & events, identify barriers, plan community events and have a focused educational discussion. Join us on Zoom, August 28, for a 'GCBC Year in Review' and celebrate National Breastfeeding Month and all of our accomplishments over the past year!

Registration for events can be found on our website and Facebook!

Call or visit us online to learn more!

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www.childadvocacy.net | www.gcbreastfeedingcoalition.com

Facebook: [Child Advocacy-Gratiot County](#)