

YOLO NO MOM LEFT BEHIND CLINIC MODEL

PROJECT REPORT





CONTENTS

03 INTRODUCTION

06 SUCCESSES

15 NEXT STEPS





INTRODUCTION

ABOUT

YOLO Lactation and Doula Service's mission is to inclusively service families throughout Genesee County while centering Black and Indigenous families as they reach their birth and breastfeeding goals.

Michigan Breastfeeding Network collaborates with organizations and individuals to bring about actionable, system-level changes that are centered on the diverse experiences of Michigan families with young children. We advocate, educate, and community-build alongside families and organizations for the advancement of an equitable, just, and breastfeeding-supportive culture.

We are so grateful to the Community Foundation of Greater Flint/Foundation for Flint for this funding work, including the YOLO Clinic, fourth trimester care, skilled, culturally-relevant care, and supplies to support families, which made it possible to truly build a movement in big ways through the No Mom Left Behind Clinic Model. Thank you.

FAST FACTS



TIMELINE

May 1, 2022 to April 30, 2023



AWARD AMOUNT

\$115,000



FUNDING PARTNER

Community Foundation of Greater Flint/Foundation for Flint

“BEING ABLE TO PROVIDE PARENTS WITH FREE LACTATION SERVICES HAS BEEN A JOY. THE LOOK OF RELIEF AND PEACE ON THEIR FACE WHEN THEY DON'T HAVE TO WORRY ABOUT PAYMENT AND THEY'RE SATISFIED WITH THE SUPPORT HAS BEEN A GAME CHANGER. BY BRIDGING THE GAP OF LACTATION SUPPORT, FAMILIES HAVE BEEN ABLE TO REACH THEIR BREASTFEEDING GOALS.”

SHONTE' TERHUNE-SMITH, BS, IBCLC, YOLO FOUNDER



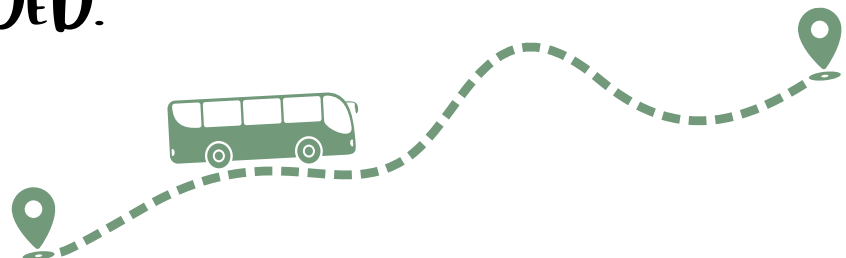
SUCCESSES

THE YOLO CLINIC

YOLO Lactation and Doula Services is implementing a prenatal and postpartum clinic within the City of Flint that provides culturally relevant, skilled lactation care in order to educate, empower, and support families on their birth and breastfeeding journey through a framework of equity and justice. The YOLO clinic model is an innovative solution to addressing current health issues facing Flint families, providing them with culturally congruent, evidence-based, breastfeeding-supportive care from providers that understand the challenges that exist within the community. The YOLO clinic specifically addresses Black maternal health concerns such as preeclampsia, postpartum mood disorders, and prenatal screening for barriers to breastfeeding in order to provide comprehensive care that is otherwise overlooked for many Black pregnant and birthing persons. Representation matters and while YOLO prioritizes care for families of color in the city of Flint, Shonte' serves as the only Black IBCLC in Genesee County and provides care for families in the surrounding areas as well.

DID YOU KNOW?

YOLO MOVED THE CLINIC LOCATION TO 3438 LENNON RD, FLINT, MICHIGAN, 48532 SO THAT THE CLINIC WAS MORE ACCESSIBLE AND CENTRALLY LOCATED ON THE BUS LINE SO FLINT FAMILIES COULD RECEIVE THE CARE THAT THEY NEEDED.



“BY USING A MULTIDISCIPLINARY TEAM, WE ARE ABLE TO TACKLE ALL THE BARRIERS THAT MAY HINDER OR REDUCE BREASTFEEDING GOALS. AS AN OCCUPATIONAL THERAPIST, IT IS MY JOB TO SUPPORT FEEDING AND EATING DIFFICULTIES, INCLUDING PROBLEMS RELATED TO INITIATION AND CONTINUATION OF BREASTFEEDING. THROUGH FREE SERVICES, THESE PARENTS ARE ABLE TO ADVANCE THEIR BREASTFEEDING JOURNEY AND ACHIEVE LONG TERM SUCCESS THAT THEY MAY NOT HAVE HAD WITHOUT OCCUPATIONAL THERAPY.”

SAMANTHA V., OT



FOURTH TRIMESTER CARE

YOLO established fourth trimester care that prioritized the mental, physical, and emotional health of the dyad and reduces readmission to the hospital.

0

clients were readmitted for blood pressure or other related health concerns in the fourth trimester

15

clients were referred for mental health services in the fourth trimester

FOURTH TRIMESTER CARE IS JUST AS VITAL, IF NOT MORE, THAN PRENATAL CARE. FOURTH TRIMESTER CARE ADDRESSES THE UNIQUE NEEDS OF THIS TRANSITIONAL PHASE, OFFERING SUPPORT AND GUIDANCE FOR POSTPARTUM RECOVERY, EMOTIONAL WELL-BEING, BREASTFEEDING, AND THE DEVELOPMENT OF A STRONG FAMILY BOND. BY PROVIDING COMPREHENSIVE CARE AND ASSISTANCE DURING THIS CRUCIAL TIME, IT PROMOTES A HEALTHIER START FOR BOTH THE BABY AND THE PARENTS, SETTING THE FOUNDATION FOR LONG-TERM WELL-BEING AND FAMILY DYNAMICS.



10

Initial Consult



- Assess maternal health risks
- Connection to resources for maternal and mental health services
- Initial contact with nurse practitioner
- Blood pressure checks
- COVID maternal risk assessed

Second and Third Trimester



- Childbirth classes, breastfeeding class, and hypnobirthing class, creating a birth plan, infant care class, doula services
- Complete breastfeeding plan

Postpartum Care



- Breastfeeding consults
- Postpartum breastfeeding plan
- Postpartum questions for nurse practitioner
- Weight check and assessment for baby
- Blood pressure checks
- Postpartum mood disorder screening and referrals
- Returning to work plan for breastfeeding

Fatherhood and Mental Health



- Breastfeeding class for dads
- Infant care class for dads
- Mental health screening for fathers, prenatal and postpartum
- Addiction counseling support for fathers
- Dad support groups that discusses different topics monthly

Nurse Practitioner



- Newborn assessment
- Blood pressure checks
- Postpartum mood disorder screening and referrals

Lactation Consultant



- Discuss breastfeeding plan
- Collection of COVID prenatal data and discussion of risk and prevention
- Provide childbirth and breastfeeding education
- Referrals as needed

NO MOM LEFT BEHIND CLINIC MODEL

YOLO

YOU OVERCOMING LACTATION OBSTACLES

SKILLED, CULTURALLY-RELEVANT PRENATAL, POSTPARTUM AND LACTATION CARE

YOLO supported equitable access to skilled, culturally-relevant prenatal and postpartum care to address ongoing disparities in breastfeeding rates and associated health outcomes particularly impacting Flint families.

162

families received skilled,
culturally-relevant prenatal,
postpartum and lactation care

THE TEAM:



office
support



nurse
practitioner



occupational
therapist

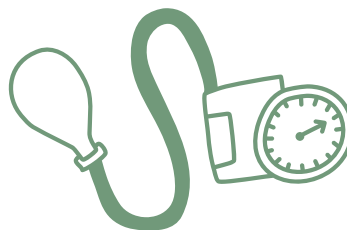


lactation
support



doula
support

SPOTLIGHT ON SUCCESS:
THE NURSE PRACTITIONER HOSTED A
BLOOD PRESSURE WORKSHOP FOR 15
FAMILIES ON EARLY WARNING SIGNS
IN ORDER TO KNOW WHEN TO SEEK
MEDICAL ATTENTION.



"YOLO SERVICES HAVE BEEN ESSENTIAL TO ASSISTING FAMILIES IN THE HOSPITAL SETTING BY MEETING NEEDS NOT AVAILABLE THROUGH ANY OTHER SOURCE. YOLO OFFERS SAME-DAY, IN-HOME VISITS, IN-PERSON INDIVIDUALIZED PRENATAL EDUCATION, AND ASSISTS LACTATING PARENTS SEPARATED FROM THEIR INFANTS ACQUIRE HIGH-QUALITY BREAST PUMPS. YOLO FILLS THE CRACK SO THAT NO FAMILY IS LEFT ALONE OR VULNERABLE."

KATE M., RN, IBCLC

SUPPLIES TO SUPPORT FAMILIES

In addition to the YOLO Clinic, with emphases on fourth trimester care and skilled, culturally-relevant prenatal, postpartum and lactation care, YOLO was able to leverage funding from this award to purchase supplies to support families.

THE SUPPLIES:



PPE, like masks and disinfectant



Clinic supplies, like blood pressure cuffs and a scale



Lactation supplies, like multi-user breast pump, hands-free pumps, and nipple shields

DID YOU KNOW?

A KEY PART OF PROVIDING SKILLED, CULTURALLY-RELEVANT LACTATION CARE INCLUDES ADDRESSING LACTATION ISSUES OF THE BREASTFEEDING DYAD, LIKE WEIGHT CHECKS, OBSERVING FEEDINGS, AND TREATING BREAST CONCERNS.







NEXT STEPS

NEXT STEPS

We are growing our capacity to serve more families by working on:

BILLING INSURANCE



Increasing our focus on billing insurance to support our clinic model – including both public and private insurance plans

EXPANDING OUR TEAM



Expanding our team by adding more doulas and lactation supporters

THANK YOU SO MUCH TO THE
COMMUNITY FOUNDATION OF
GREATER FLINT/FOUNDATION FOR
FLINT FOR MAKING THIS WORK
POSSIBLE.

"YOLO CONTINUES TO SET THE STANDARD FOR BLACK BIRTH AND BREASTFEEDING JUSTICE THAT IS COMMUNITY-CENTERED IN ITS VERY ESSENCE. THIS PROJECT IS AN EXAMPLE OF WHAT IT MEANS TO CENTER BREASTFEEDING IN THE CLINICAL CARE AND MULTIDISCIPLINARY APPROACH TO CARE FOR FAMILIES. OFTEN TIMES, BREASTFEEDING IS SEEN AS A PART OF THE POSTPARTUM PERIOD. YOLO HAS SHOWN THAT RECLAIMING THE COMMUNITY AS KEY PARTS OF FAMILY'S SUPPORT TEAM IS FURTHER PROVEN HOW IMPORTANT NO MOM LEFT BEHIND CLINIC MODEL IS."

**JENNIFER DAY, IBCLC, MIBFN COMMUNITY
BUILDING PROJECT MANAGER**

