

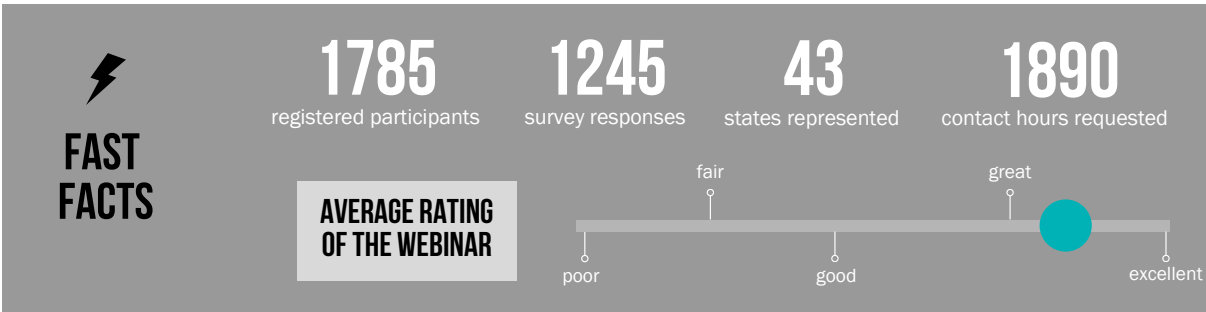


# GREAT LAKES BREASTFEEDING WEBINAR

## December 2021-2022 Webinar Report

### HOW TO NAVIGATE LACTATION SUPPORT WITH PARTNERS BY NATOSHA SAGE-EL BYLSMA, IBCLC

Available December 21, 2021 - December 10, 2022



### CONTINUING EDUCATION



### WHAT PEOPLE ARE SAYING

"It's important to include partners directly in lactation conversations so they know they are part of the breastfeeding experience too and have a supportive role."

"I learned the importance of developing a plan for breastfed infants when/if parents separate. For example, staying the night at the non-breastfeeding parent's house at a specific time frame to not interrupt feeding schedule/goal/flow."

"I always thought of it as lactating person + baby. I will see it differently now - it's the dyad PLUS anyone that supports a lactation journey (mom, dad, baby, grandparents, siblings, etc.)"

### PARTICIPANTS

