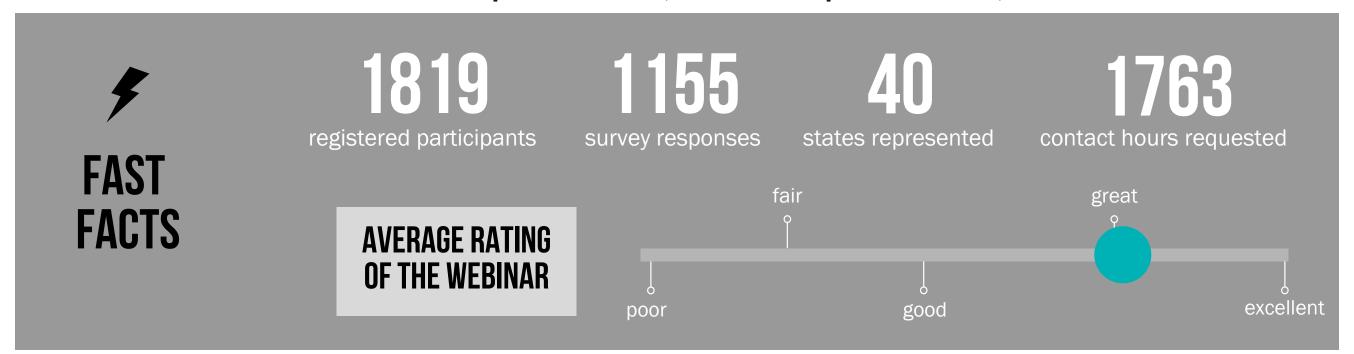


## GREAT LAKES BREASTFEEDING WEBINAR

September 2021 Comprehensive Webinar Report

## **EXPANDING EXPECTATIONS AND BUILDING RESILIENCY: EMPOWERING PARENTS FOR SUCCESSFUL BREASTFEEDING** BY LINDSEY MCGAHEY, IBC, IFSD, BE

Available: September 21, 2021 - September 18, 2022



**CERPs** 

### **CONTINUING EDUCATION**

**782** 

**522** 

Nurse's Contact Hours

10 Social Work

**CE Hours** 

162 Dietitian

**CPEUs** 

IUU

Community Health Worker **CEUs** 

**Certified Health** Education Specialist CECH

181 **CMEs** 

# 

### WHAT PEOPLE ARE SAYING

"Understanding other cultures' traditions as a health care professional can help us focus on people-centered care."

"One thing I learned and received a deeper understanding about is how deeply important it is to respect and honor culture and identity for birthing and postpartum families. When families feel supported in their traditional ways it can reduce their stress and fear; increasing positive birth and breastfeeding experiences"

"This webinar provided a lens into the lived experience of an Indigenous person and tangible steps to better serve families."

## **PARTICIPANTS**



