

Indigenous Support for Indigenous Breastfeeding

Tribal Governments:

- Pass tribal legislation that protects the rights to give birth at home on tribal lands.
- Pass tribal legislation that protects the rights to attend home births on tribal lands.
- Increase access to culturally-rooted birthing care including childbirth education, midwifery care, doulas/full spectrum birth workers, peer support, and breastfeeding support.
- Support self-determination and strong family foundations by instituting workplace policies such as:
 - Universal basic income
 - Paid family leave for birthing persons, non-gestating partners, and adoptive parents
 - Baby at work programs
 - Babies can visit workplaces to feed at the breast
 - Employees can leave the worksite to breastfeed their babies in the work day
 - Comprehensive protections for pumping and storing milk at work
 - Reasonable accommodations for transferring roles to protect lactation
 - Promote remote work whenever possible
- Other:

Tribal Colleges:

- Develop and offer lactation support classes to strengthen the lactation support workforce and community
- Offer lactation support courses in a variety of formats to meet the needs of the community: including week-long seminars, online, and semester-long courses
- Partner with trusted lactation certification organizations to create MOA that allow the tuition waiver to be used for courses

Other: