

ANTENATAL  
**LACTATION**  
**CLINICAL DECISION TOOL**

**DESIRED FEEDING METHOD**

Breastfeeding/ Human Milk Feeding  
Body Feeding/Chest Feeding

**ASSESS**

- Past experiences and goals
- Supports and barriers
- Health history
- Breasts, nipples, mammary tissue

**CLINICAL CONCERNS  
TO REFER TO IBCLC**

- Inverted nipples
- Breast surgery
- Insufficient glandular tissue
- Marked asymmetry
- Large pendulous breasts
- PCOS
- Infertility
- Hypertension
- Thyroid disorders
- Gastric bypass
- Diabetes
- Vegan diet
- Unsuccessful prior experience

**ANTENATAL  
LACTATION CONSULT**

Refer to IBCLC

**NO IDENTIFIED  
CLINICAL CONCERNS**

Provide education and refer accordingly to culturally appropriate class, community supports and/or peer counselors

**DID YOU KNOW?**

Skilled lactation support decreases the risks of formula supplementation and premature weaning



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