

WHAT DOES BREASTFEEDING EDUCATION MEAN TO YOU?



“
Breastfeeding education means eradicating ignorance and normalizing something precious and vital.
- Gi'Anna C.

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Helping change the narrative that breastfeeding is a lifestyle choice and framing it as a public health issue.
- Tameka J-D.

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Giving a mom the tools and reassurance she needs...so that she is empowered, informed, and confident about breastfeeding.
- Stephanie F.

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Providing culturally relevant and individualized breastfeeding education.



providing tools and resources for breastfeeding success.



returning the power to families to ensure they can meet their breastfeeding goals.



meeting families where they are.



reaching **EVERYONE** who impacts breastfeeding outcomes.

THIS REPORT WAS GENERATED FROM DISCUSSION AT THE SEPTEMBER 10, 2020 LOCAL BREASTFEEDING SUPPORTER MEETING. TO LEARN MORE ABOUT THESE MEETINGS, VISIT MIBREASTFEEDING.ORG/LOCAL-MEETINGS.