

10 Breastfeeding Facts



Breastfeeding is the optimal feeding method for infants and children.



Every family deserves breastfeeding support.



Breast milk is not a biohazard.



Breastfed babies are healthier babies.



Breastfeeding protects infants, babies, and growing children from illness and disease.



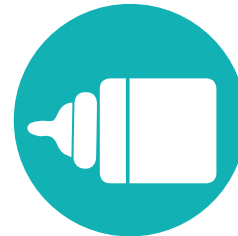
Mothers can breastfeed anytime, anywhere.



Breastfeeding is good for everyone.



Breast milk does not require special precautions or a separate space



For caregivers, paced bottle feeding mimics breastfeeding and supports healthy development.



We can all make society breastfeeding-friendly.

