

# **#CHANGETHESYSTEM**

Our Mission: To lead the statewide collaborative actions for advocacy, education and coalition building to create a supportive breastfeeding culture.

# **MIBFN POLICY POSITIONS**



## Anytime, Anywhere

- Normalization campaigns should center on messages of Breastfeed: Anytime, Anywhere to advance feeding on cue, and reduce concerns about location-specific rights to breastfeed.
- 2. Future legislation should include language that also protects public milk expression.
- 3. Breastfeeding and milk expression areas should be visible and available everywhere, but marked as clearly optional spaces.



## **Child Care**

- 1. All centers should adopt a clear written policy supporting breastfeeding for both families and staff.
- 2. All centers should provide a clean, designated area (other than a bathroom) for staff, families, and visitors to breastfeed and/or express milk.
- 3. All centers should encourage breastfeeding mothers to breastfeed or express milk on site for their children. Likewise, staff should be granted appropriate break time to express milk and/or breastfeed their children.
- 4. Staff and families should receive accurate printed materials and information about breastfeeding, including a list of community resources.
- Staff should receive training on breastfeeding, including the health benefits, importance of exclusive breastfeeding, and supportive practices, including safe storage and handling of breast milk.
- 6. Under federal law, it should be illegal for a child care provider to discriminate against a breastfeeding family and accommodations for breastfeeding should be protected by the law.



## **Child Custody**

- 1. Friend of the Court (FOC) should distribute evidence-based breastfeeding information and resources to families undergoing mediation.
- 2. All Judicial and court employees and staff should receive comprehensive breastfeeding education.
- 3. Child custody laws should protect the breastfeeding relationship for at least the first two years of life and extend for as long as breastfeeding is maintained.
- 4. National, tiered child custody laws that take into account child development and age should be adopted.



## **Disaster Readiness**

- 1. All emergency shelters should adopt a clear written policy supporting and protecting breastfeeding during times of crisis.
- 2. All first responders should receive evidence-based breastfeeding training.
- 3. Medical providers in areas with ongoing air/water pollution should understand blood contamination levels that would contraindicate breastfeeding.
- 4. Vulnerable areas should undergo systemic breastfeeding changes to ensure best outcomes during times of disaster.
- 5. Disaster response policies should ensure that Infant formula is only supplied when necessary.
- 6. The United States should comply with the WHO Code in order to protect breastfeeding.



## Incarceration

- 1. Lactation accommodation policies should be adopted for all incarcerated mothers.
- 2. Milk expression programs should be adopted for all incarcerated mothers.
- 3. Humane birthing practices that support laboring women and their infants should be adopted and provided for all incarcerated mothers.
- 4. Whenever possible, incarcerated mothers should have direct access to baby through Prison Nursery Programs.
- 5. Community-based alternatives to incarceration should be provided as viable sentencing options for mothers.
- 6. Policies should support treatment as an alternative to punishment through trauma-based services.
- 7. Incarcerated mothers should receive services that focus on the parenting relationship between mother and child.









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#### **Jury Duty**

- 1. Jury duty summons should include specific information for breastfeeding jurors: the availability of milk expression time and location that does not include a bathroom; access to baby or child for breastfeeding during the trial; whether the court provides assistance in finding child care; and other logistical support for breastfeeding accommodations.
- 2. Exemptions for breastfeeding mothers who are unable to serve should be upheld.
- 3. All court employees from clerks to judges should receive mandatory breastfeeding accommodation education.
- 4. District, circuit, and federal courts should adopt official policies providing accommodations for breastfeeding and milk expression during jury duty for breastfeeding mothers.



#### **Maternity Care**

- 1. All medical providers should receive and provide evidence-based breastfeeding education.
- 2. WIC referrals should be universal.
- 3. All birthing hospitals in Michigan should implement the evidence-based practices that are outlined in mPINC and central to Baby-Friendly designation.
- 4. Organizations should train, recruit, and hire diverse, multidisciplinary care teams that reflect the populations they serve.



## Workplace

- 1. Employers should provide comprehensive workplace breastfeeding protection for all employees regardless of legal status and employment classification.
- Employers should provide flexible, comprehensive time solutions for all employees regardless of legal status and employment classification.
- 3. Regardless of work environment, space solutions should be provided for all employees.
- 4. Whenever feasible, access to baby for direct breastfeeding in the workplace should be the standard for employees.
- 5. Comprehensive paid family leave legislation should be adopted at the national level.



According to the 2016 Breastfeeding Report Card from CDC, 85% of Michigan mothers initiate breastfeeding.

Along the way, roadblocks stop their success and drastically reduce exclusivity and continuation.

We are changing the systems that block their success.

**LEARN MORE** 

WE WORK BETTER WHEN WE WORK TOGETHER
To learn more about Michigan Breastfeeding Network

and join our movement, visit: www.mibreastfeeding.org





