

DO NOT DISTURB

MOTHER AT WORK

Federal Law Requires

The Patient Protection and Affordable Care Act (PPACA) requires employers to (1) provide reasonable break time for an employee to express breast milk and to (2) provide a private place, other than a bathroom, which may be used by an employee to express breast milk.

Supporting Breastfeeding in the Workplace...

- Increases retention of valued employees
- Reduces absenteeism for mothers and fathers
- Lowers health care costs
- Improves job satisfaction and morale
- Increases productivity
- Promotes family-friendly image of business

**GOOD FOR MOTHERS.
GOOD FOR BABIES.
GOOD FOR BUSINESS.**

mibreastfeeding.org/workplace

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